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Table 1. Demographic characteristics of cases

|  | Zygosity <br> $(\% \mathrm{MZ})$ | Gender <br> (\% women) | Diagnoses <br> (\% <br> Alzheimer's <br> disease) | Age of onset <br> (mean, SD, range) |
| :--- | :---: | :---: | :---: | :---: |
| MATCHED PAIRS SAMPLE: |  |  |  |  |
| Prevalent cases (N=90 pairs) | $26.8 \%$ | $70.0 \%$ | $67.6 \%$ | $76.1,7.8,50-89$ |
| Incident cases (N=66 pairs) | $36.4 \%$ | $65.2 \%$ | $73.9 \%$ | $82.0,5.6,63-92$ |
| CASE CONTROL SAMPLE: |  |  |  |  |
| Prevalent cases (N = 131) | $30.5 \%$ | $70.2 \%$ | $58.8 \%$ | $76.2,7.8,50-92$ |
| Incident cases (N = 90) | $38.9 \%$ | $63.3 \%$ | $60.0 \%$ | $82.8,5.4,63-93$ |

Table 2. Case control analyses: Low education as a risk factor

|  | Proportion of <br> cases with low <br> education | Proportion of <br> controls with low <br> education | Odds ratio <br> [95\% confidence $^{\text {intervals }^{\text {a }}}$ | Odds ratio adjusted for <br> age and gender [95\% <br> confidence intervals] ${ }^{\text {a }}$ |
| :--- | :---: | :---: | :---: | :---: |
| Prevalent cases, <br> all dementias | $112 / 131(85.5 \%)$ | $210 / 262(80.2 \%)$ | $1.46[0.82,2.59]$ | $1.47[0.82,2.62]$ |
| Prevalent cases, <br> Alzheimer's <br> disease only | $68 / 77(88.3 \%)$ | $119 / 154(77.3 \%)$ | $2.22[1.02,4.84]$ | $2.26[1.02,5.02]$ |
| Incident cases, <br> all dementias | $78 / 90(86.7 \%)$ | $151 / 180(83.9 \%)$ | $1.25[0.60,2.58]$ | $1.25[0.60,2.60]$ |
| Incident cases, <br> Alzheimer's <br> disease only | $50 / 54(92.6 \%)$ | $92 / 108(85.2 \%)$ | $2.17[0.70,6.73]$ | $2.17[0.69,6.86]$ |

a $95 \%$ confidence intervals correspond to $p<0.05$. If the confidence interval does not include 1.0 , then the risk factor is significant.

Table 3. Matched pairs analyses: Low education as a risk factor

|  | \% of cases with low education | \% of partners with low education | Total number of pairs | Pairs discordant for education |  | Odds ratio [95\% confidence intervals] ${ }^{\text {a }}$ |
| :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  |  |  |  | Case has lower education | Partner has lower education |  |
| Prevalent cases, all dementias | 84.4\% | 85.6\% | 90 | 6 | 7 | 0.86 [0.29, 2.55] |
| Prevalent cases, Alzheimer's disease only | 86.5\% | 80.8\% | 52 | 5 | 2 | 2.50 [0.49, 12.89] |
| Incident cases, all dementias | 84.8\% | 84.8\% | 66 | 6 | 6 | 1.00 [0.32, 3.10] |
| Incident cases, Alzheimer's disease only | 92.9\% | 85.7\% | 42 | 4 | 1 | 4.00 [0.45, 35.79] |

${ }^{\text {a }} 95 \%$ confidence intervals correspond to $p<0.05$. If the confidence interval does not include 1.0, then the risk factor is significant.

Table 4. Comparative risk results in twin pairs discordant for dementia

| Exposure | All dementias |  |  |  | Alzheimer's disease |  |  |
| :--- | :---: | :---: | :---: | :---: | :---: | :---: | :---: |
|  | N of <br> pairs | \% of <br> cases with <br> the <br> exposure | $95 \%$ <br> Confidence <br> Intervals $^{\text {a }}$ | N of <br> pairs | \% of <br> cases with <br> the <br> exposure | $95 \%$ <br> Confidence <br> Intervals $^{\text {a }}$ |  |
| Read more books <br> before age 20 | 19 | $31.6 \%$ | $10.7,52.2$ | 15 | $33.3 \%$ | $9.5,57.1$ |  |
| Read more books as an <br> adult | 20 | $25.0 \%$ | $6.0,44.0$ | 16 | $25.0 \%$ | $3.8,46.2$ |  |
| Better grades in school | 17 | $41.2 \%$ | $17.8,64.6$ | 14 | $50.0 \%$ | $23.8,76.2$ |  |
| Found learning in school <br> easier | 14 | $42.9 \%$ | $17.0,68.8$ | 12 | $50.0 \%$ | $21.7,78.3$ |  |
| Found one's way better <br> in unfamiliar places | 21 | $28.6 \%$ | $9.3,47.9$ | 15 | $20.0 \%$ | $0.0,40.2$ |  |

${ }^{\text {a }} 95 \%$ confidence intervals correspond to $p<0.05$. If the confidence interval does not include $50.0 \%$, then the percent of cases with the exposure is significantly less than chance and cases are more likely to have the risk factor than are their twin partners.

