PROGRAMA ESCUCHAR BIOMARKERS BASELINE INDIVIDUAL-LEVEL SURVEY

BM001

1. Blood Pressure [IWER: Were you able to take the R's blood pressure measurement?]

1 Yes

2 No

IF BM001 = Yes THEN

[Questions BM003_intro to BM006_pulse[3] are displayed as a table]

BM003 intro

Measurement

BM003_Hmeasure

BM003_Htime

Time of Reading

BM003_Hsystolic

Systolic Reading

BM003_Hdiastolic

Diastolic Reading

BM003_Hpulse

Pulse

BM004_time_hour

String

BM004_time_minute

String

BM004_time_ampm

1 am

2 pm

BM005_systolic

String

BM006_diastolic

String

BM006_pulse

String

BM004_time_hour

String

BM004_time_minute

String

BM004_time_ampm

1 am

2 pm

BM005_systolic

String

BM006_diastolic

String

BM006_pulse

String

BM004_time_hour

String

BM004_time_minute

String

BM004_time_ampm

1 am

2 pm

BM005_systolic

String

BM006_diastolic

String

Language 1 English

- 2 Spanish
- 3 Mayan
- 4 Proxy Spanish 5 Proxy Mayan 6 Proxy English

- <> Different to

BM006_pulse String [Questions BM007 to BM010 are displayed as a table] [IWER: Which arm was used to conduct the measurements?] 1 Left arm 2 Right arm BM008 [IWER: How compliant was R during this measurement?] 1 R was fully compliant 2 R was prevented from fully complying due to illness, pain, or other symptoms or discomforts 3 R was not fully compliant, but no obvious reason for this [IWER: What was R's position for this test?] 1 Standing 2 Sitting 3 Lying down BM010 [IWER: Did the R smoke, exercise, consume alcohol or food within the 30 minutes prior to completing the blood pressure test?] 1 Yes 5 No 8 Don't Know | ENDIF IF BM001 = No THEN [Questions BM002 to BM002_other are displayed as a table] BM002 [IWER: Why didn't R complete the blood pressure measurement? (Circle all that apply)] 1 R felt it would not be safe 2 IWER felt it would not be safe 3 R refused or was not willing to complete the test 4 R tried but was unable to complete test 5 R did not understand the instructions 6 R had a rash, a cast, edema, open sores or wounds, or significant bruise where the blood pressure cuff would contact R's arm 97 Other (Specify): BM002_other String **ENDIF** BM015 2. Breathing test [IWER: Was the R able to perform the breathing test?] 1 Yes 2 No IF BM015 = Yes THEN [Questions BM017_intro to BM018_breathing[3] are displayed as a table] BM017 intro Measurement BM017_Hmeasure BM017_Hreading Measurement Reading BM018_breathing String BM018_breathing

BM018_breathing String

String

[Questions BM019 to BM020 are displayed as a table]

| BM019 [IWER: How much effort did R give to this test?] 1 R gave full effort 2 R was prevented from giving full effort by illness, pain, or other symptoms or discomforts 3 R did not appear to give full effort, but no obvious reason forthis **BM020** [IWER: What was R's position for this test?] 1 Standing 2 Sitting 3 Lying down | ENDIF | IF BM015 = No THEN [Questions BM016 to BM016_other are displayed as a table] [IWER: Why didn't R complete the breathing test?] 1 R felt it would not be safe 2 IWER felt it would not be safe 3 R refused or was not willing to complete the test 4 R tried but was unable to complete test 5 R did not understand the instructions 97 Other (Specify): BM016_other String **ENDIF** BM025 3. Grip strength [IWER: Was R able to perform grip strength test?] 1 Yes 2 No IF BM025 = Yes THEN [Questions BM027_intro to BM029_right_gr[2] are displayed as a table] BM027 intro [IWER: Record measurements in chart. Record 993 if R tried but was unable. Record 999 if R chose not to do it.] BM027_Hmeasure BM027_Hleft Left hand BM027_Hright Right hand BM028_left_kg String BM028_left_gr String BM029_right_kg String BM029_right_gr String BM028_left_kg String BM028_left_gr String BM029_right_kg String | BM029_right_gr String [Questions BM030 to BM032 are displayed as a table]

```
| BM030
[IWER: How much effort did R give to this test?]
1 R gave full effort
2 R was prevented from giving full effort by illness, pain, or other symptoms or discomforts
3 R did not appear to give full effort, but no obvious reason forthis
 BM031
[IWER: What was R's position for this test?]
1 Standing
2 Sitting
3 Lying down
BM032
[IWER: Did the R rest their arm on a support while performing the test?]
1 Yes
2 No
| ENDIF
IF BM025 = No THEN
[Questions BM026 to BM026_other are displayed as a table]
[IWER: Why didn't R complete the grip strength test?]
 1 R felt it would not be safe
2 IWER felt it would not be safe
3 R refused or was not willing to complete the test
4 R tried but was unable to complete test
5 R did not understand the instructions
 6 R had a surgery, injury, inflammation or pain
97 Other (Specify):
 BM026 other
 String
ENDIF
| BM035
| 4a. Semi-tandem stand [IWER: Was the R able to
| conduct the semi-tandem stand?]
1 Yes
12 No
| IF BM035 = Yes THEN
[Questions BM037 to BM037_milisec are displayed as a table]
 BM037
[IWER: Did R hold semi-tandem stand for a full 10 seconds without stepping out| of place or grabbing hold of anything?]
2 No -- Enter amount of time R held standing in seconds to two decimal places.
993 R tried but was unable
 999 R chose not to do it
BM037 sec
String
BM037_milisec
 String
 BM038
[IWER: Did R use any compensatory movements of his/her trunk, arms or legs to steady him/herself during semi-tandem stand?
1 Yes
2 No
8 Don't Know
 IF BM037 = Yes THEN
 4. Full tandem stand [IWER: Was the R able to conduct the full tandem stand?]
| | 1 Yes
| 2 No
IIIF BM050 = Yes THEN
[Questions BM052 to BM052_milisec are displayed as a table]
```

```
| | | BM052
[I] [IWER: Did R hold full-tandem stand for a full [30/60] seconds without stepping out of place or grabbing hold of anything?]
III11Yes
| | | 2 No -- Enter amount of time R held standing in seconds to two decimal places.
| | | 993 R tried but was unable
| | | 999 R chose not to do it
| | | BM052_sec
| | | String
| | BM052_milisec
| | | String
| | | BM053
III [IWER: Did R use any compensatory movements of his/her trunk, arms or legs to steady him/herself during full- tandem stand?]
| | | 2 No
|||8 Don't Know
[ | | [Questions BM054 to BM054_other are displayed as a table]
III [IWER: Record the type of floor surface that the balance measures were conducted on.]
| | | 1 Linoleum/tile/wood
| | | 2 Low-pile carpet
| | | 3 High-pile carpet
| | | 4 Concrete
| | | 5 Not sure
| | | 97 Other (Specify):
| | BM054_other
| | | String
||| BM055
[IWER: How compliant was R during the balance measurements?]
| | | 1 R was fully compliant
| | 2 R was prevented from fully complying due to illness, pain, or other symptoms or discomforts
| | | 3 R did not appear to be fully compliant, but no obvious reason for this
 ENDIF
| | IF BM050 = No THEN
[ | Questions BM051 to BM051_other are displayed as a table]
[ | | [IWER: Why didn't R complete the full tandem stand?]
| | | 1 R felt it would not be safe
| | | 2 IWER felt it would not be safe
| | | 3 R refused or was not willing to complete the test
| | | 4 R tried but was unable to complete test
| | | 5 R did not understand the instructions
[ ] 6 R had surgery, injury or other health condition that prevented R from standing
| | 97 Other (Specify):
| | | BM051_other
| | String
||ENDIF
. .
| ENDIF
 IF BM037 > Yes THEN
  BM040
 4b. Side-by-side stand [IWER: Was the R able to conduct the side-by-side stand?]
 | 1 Yes
| 2 No
| IF BM040 = Yes THEN
[ | | [Questions BM042 to BM042_milisec are displayed as a table]
| | BM042
iii [IWER: Did R hold side-by-side stand for a full 10 seconds without stepping out of place or grabbing hold of anything?]
| | | 2 No -- Enter amount of time R held standing in seconds to two decimal places.
| | | 993 R tried but was unable
| | 999 R chose not to do it
| | |
```

```
||| BM042_sec
| | | String
| | | BM042_milisec
| | | String
\Pi\Pi
||| BM043
[] [IWER: Did R use any compensatory movements of his/her trunk, arms or legs to steady him/herself during side-by-side stand?]
|||1 Yes
|||2 No
| | | 8 Don't Know
| | | [Questions BM044 to BM044_other are displayed as a table]
[IWER: Record the type of floor surface that the balance measures were conducted on.]
| | | 1 Linoleum/tile/wood
| | | 2 Low-pile carpet
| | | 3 High-pile carpet
| | | 4 Concrete
| | | 5 Not sure
| | 97 Other (Specify):
| | | BM044_other
||| String
| | | BM045
[IWER: How compliant was R during the balance measurements?]
| | | 1 R was fully compliant
| | 2 R was prevented from fully complying due to illness, pain, or other symptoms or discomforts
| | | 3 R was not fully compliant, but no obvious reason for this
İİENDIF
| | IF BM040 = No THEN
[ Questions BM041 to BM041_other are displayed as a table]
| | | | [IWER: Why didn't R complete the Side-by-side stand?]
| | | 1 R felt it would not be safe
| | | 2 IWER felt it would not be safe
| | | 3 R refused or was not willing to complete the test
| | | 4 R tried but was unable to complete test
| | | 5 R did not understand the instructions
6 R had surgery, injury or other health condition that prevented R from standing
| | | 97 Other (Specify):
| | | BM041_other
iii String
j i ENDIF
 ENDIF
| ENDIF
.
I IF BM035 = No THEN
[Questions BM036 to BM036_other are displayed as a table]
 BM036
[IWER: Why didn't R complete the semi-tandem stand?]
 1 R felt it would not be safe
2 IWER felt it would not be safe
3 R refused or was not willing to complete the test
 4 R tried but was unable to complete test
5 R did not understand the instructions
 6 R had surgery, injury or other health condition that prevented R from standing
 97 Other (Specify):
 BM036_other
 String
 BM040
 4b. Side-by-side stand [IWER: Was the R able to conduct the side-by-side stand?]
 1 Yes
2 No
 IF BM040 = Yes THEN
[ Questions BM042 to BM042_milisec are displayed as a table]
```

```
BM042
| | [IWER: Did R hold side-by-side stand for a full 10 seconds without stepping out of place or grabbing hold of anything?]
 | 1 Yes
2 No -- Enter amount of time R held standing in seconds to two decimal places.
| 993 R tried but was unable
 999 R chose not to do it
 BM042_sec
 l Strina
  BM042_milisec
  String
 BM043
 [IWER: Did R use any compensatory movements of his/her trunk, arms or legs to steady him/herself during side-by-side stand?]
 1 Yes
 12 No
 | 8 Don't Know
 [Questions BM044 to BM044_other are displayed as a table]
 BM044
 | [IWER: Record the type of floor surface that the balance measures were conducted on.]
 1 Linoleum/tile/wood
| | 2 Low-pile carpet
 3 High-pile carpet
| 4 Concrete
 5 Not sure
 | 97 Other (Specify):
  BM044_other
 | String
 BM045
 | [IWER: How compliant was R during the balance measurements?]
| | 1 R was fully compliant
 | 2 R was prevented from fully complying due to illness, pain, or other symptoms or discomforts
| 3 R was not fully compliant, but no obvious reason for this
ENDIF
 IF BM040 = No THEN
 [Questions BM041 to BM041_other are displayed as a table]
 BM041
| | [IWER: Why didn't R complete the Side-by-side stand?]
 1 R felt it would not be safe
| 2 IWER felt it would not be safe
 3 R refused or was not willing to complete the test
 4 R tried but was unable to complete test
| | 5 R did not understand the instructions
 6 R had surgery, injury or other health condition that prevented R from standing
 | 97 Other (Specify):
  BM041 other
 | String
 ENDIF
ENDIF
6.Walking Test [IWER: Was the R able to perform walking test?]
 1 Yes
2 No
 IF BM060 = Yes THEN
[Questions BM062_intro to BM064_TestTime_milisec[2] are displayed as a table]
 BM062 intro
 Measurement
 BM062_Hmeasure
 #
 BM062_Htesttime
 Walking Speed Time
```

```
BM063_TestTime_sec
String
BM064_TestTime_milisec
String
BM063_TestTime_sec
BM064_TestTime_milisec
String
[Questions BM065 to BM065_other are displayed as a table]
[IWER: Record type of floor surface.]
1 Linoleum/tile/wood
2 Low-pile carpet
3 High-pile carpet
4 Concrete
5 Not sure
97 Other (Specify):
BM065_other
[IWER: Record type of floor surface.]
String
[Questions BM066 to BM066_other are displayed as a table]
[IWER: Record type of aid used.]
1 None
2 Walking stick or cane
3 Elbow crutches
4 Walker
97 Other (Specify):
BM066_other
String
BM067
[IWER: How compliant was R during this measurement?]
1 R was fully compliant
2 R was prevented from fully complying due to illness, pain, or other symptoms or discomforts
3 R was not fully compliant, but no obvious reason for this
ENDIF
IF BM060 = No THEN
[Questions BM061 to BM061_other are displayed as a table]
BM061
.
| [IWER: Why didn't R complete the walking test?]
1 R felt it would not be safe
2 IWER felt it would not be safe
3 R refused or was not willing to complete the test
4 R tried but was unable to complete test
5 R did not understand the instructions
6 R had surgery, injury or other health condition that prevented R from standing
7 No suitable space available
97 Other (Specify):
BM061_other
String
ENDIF
7. Height [IWER: Were you able to measure the R's height?]
1 Yes
2 No
IF BM070 = Yes THEN
[Questions BM072_intro to BM074_height_centimeters[3] are displayed as a table]
BM072_intro
Measurement
BM072_Hmeasure
```

BM072_Hheight Measurement BM073_height_meters Range: 0..250 BM074_height_centimeters String BM073_height_meters Range: 0..250 BM074_height_centimeters String BM073_height_meters Range: 0..250 BM074_height_centimeters String [Questions BM075 to BM075_other are displayed as a table] [IWER: Record the type of floor surface] 1 Linoleum/tile/wood 2 Low-pile carpet 3 High-pile carpet 4 Concrete 5 Not sure 97 Other (Specify): BM075_other String **BM076** [IWER: Was R wearing shoes during the measurement?] 1 Yes 2 No **BM077** [IWER: How compliant was R during this measurement?] 1 R was fully compliant 2 R was prevented from fully complying due to illness, pain, or other symptoms or discomforts 3 R was not fully compliant, but no obvious reason for this | ENDIF IF BM070 = No THEN [Questions BM071 to BM071_other are displayed as a table] [IWER: Why weren't you able to measure R's height?] 1 R felt it would not be safe . I 2 IWER felt it would not be safe $3\ R$ refused or was not willing to complete the measurement 4 R tried but was unable to complete measurement 5 R did not understand the instructions 6 Respondent too tall, interviewer could not reach 7 There was no suitable space available 97 Other (Specify): BM071_other String **ENDIF** BM080 8. Weight [IWER: Were you able to measure the R's weight?] 1 Yes 2 No IF BM080 = Yes THEN [Questions BM082_intro to BM084_weight_grams [3] are displayed as a table]

BM082_intro

Measurement

BM082_Hmeasure BM082_Hweight Measurement BM083_weight_kg Range: 0..500 BM084_weight_grams Range: 0..99 BM083_weight_kg Range: 0..500 BM084_weight_grams Range: 0..99 BM083_weight_kg Range: 0..500 BM084_weight_grams Range: 0..99 [Questions BM085 to BM085_other are displayed as a table] [IWER: Record the type of floor surface] 1 Linoleum/tile/wood 2 Low-pile carpet 3 High-pile carpet 4 Concrete 5 Not sure 97 Other (Specify): BM085_other String **BM086** [IWER: Was R wearing shoes during the measurement?] 1 Yes 2 No BM087 [IWER: How compliant was R during this measurement?] 1 R was fully compliant 2 R was prevented from fully complying due to illness, pain, or other symptoms or discomforts 3 R was not fully compliant, but no obvious reason for this ENDIF IF BM080 = No THEN [Questions BM081 to BM081_other are displayed as a table] [IWER: Why weren't you able to measure R's weight?] 1 R felt it would not be safe 2 IWER felt it would not be safe 3 R refused or was not willing to complete the measurement 4 R tried but was unable to complete measurement 5 R did not understand the instructions 6 R is not able to stand 97 Other (Specify): BM081_other String | ENDIF 9. Waist [IWER: Were you able to measure the R's waist?] 1 Yes 2 No IF BM090 = Yes THEN [Questions BM092_intro to BM094_waist_mm[3] are displayed as a table] BM092_intro Measurement

BM092_Hmeasure BM092_Hwaist Measurement BM093_waist_cm Range: 0..500 BM094 waist mm Range: 0..99 BM093_waist_cm Range: 0..500 BM094_waist_mm Range: 0..99 BM093_waist_cm Range: 0..500 BM094_waist_mm Range: 0..99 [Questions BM095 to BM095_other are displayed as a table] [IWER: What difficulties occurred during this measurement?] 1 None 2 R had breathing difficulties 3 R was unable to hold breath at the end of the exhale 4 R was prevented from giving full effort by illness, pain, or other symptoms or discomforts 5 R did not appear to give full effort, but no obvious reason for this 97 Other (Specify): BM095_other String [Questions BM096 to BM098 are displayed as a table] **BM096** [IWER: How compliant was R during this measurement?] 1 R was fully compliant 2 R was prevented from fully complying due to illness, pain, or other symptoms or discomforts 3 R was not fully compliant, but no obvious reason for this [IWER: Who completed the measurement?] 1 R completed the measurement 2 IWER completed the measurement [IWER: Was the R wearing bulky clothing during this measurement?] 1 Yes 2 No **ENDIF** | IF BM090 = No THEN [Questions BM091 to BM091_other are displayed as a table] [IWER: Why weren't you able to measure R's waist?] 1 R felt it would not be safe 2 IWER felt it would not be safe 3 R refused or was not willing to complete the measurement 4 R tried but was unable to complete measurement 5 R did not understand the instructions 6 R is not able to stand 97 Other (Specify): BM091_other String **ENDIF BM100** 10. Arm circumference or length [IWER: Were you able to measure the R's arm or length?] 1 Yes 2 No

| IF BM100 = Yes THEN [Questions BM102_intro to BM104_arm_mm[3] are displayed as a table] Measurement circumference BM102_Hmeasure BM102_Harm Measurement BM103_arm_cm Range: 0..500 BM104_arm_mm String BM103_arm_cm Range: 0..500 BM104_arm_mm String BM103_arm_cm Range: 0..500 BM104_arm_mm String BM105 [IWER: Which arm was used to conduct the measurements?] 1 Left arm 2 Right arm [Questions BM117 to BM117_other are displayed as a table] [IWER: What difficulties occurred during this measurement?] 1 None 2 R unable to raise or stretch his/her arm 3 R had arm injury, condition or problem, or discomfort (cut/lesion, rash, rheumatism, osteoporosis, arthritis, pain when moving arm, etc.) 4 R was prevented from giving full effort by illness, pain, or other symptoms or discomforts 5 R did not appear to give full effort, but no obvious reason for this 97 Other (Specify): BM117_other [Questions BM106 to BM119 are displayed as a table] [IWER: How compliant was R during this measurement?] 1 R was fully compliant 2 R was prevented from fully complying due to illness, pain, or other symptoms or discomforts 3 R was not fully compliant, but no obvious reason for this [IWER: Who completed the measurement?] 1 R completed the measurement 2 IWER completed the measurement [IWER: Was the R wearing bulky clothing during this measurement?] 1 Yes 2 No | ENDIF IF BM100 = No THEN [Questions BM101 to BM101_other are displayed as a table] [IWER: Why didn't R complete the arm measurement?] 1 R felt it would not be safe 2 IWER felt it would not be safe 3 R refused or was not willing to complete the test 4 R tried but was unable to complete test

6 R had a rash, a cast, edema, open sores or wounds, or significant bruise where the blood pressure cuff would contact R's arm

5 R did not understand the instructions

```
| 97 Other (Specify):
BM101_other
String
.
ENDIF
BM110
11. Knee height [IWER: Were you able to measure the R's knee height?]
2 No
IF BM110 = Yes THEN
[Questions BM112_intro to BM114_pantric_mm[3] are displayed as a table]
Measurement
BM112_Hmeasure
BM112_Hpantric
Measurement
BM113_pantric_cm
Range: 0..500
BM114_pantric_mm
Range: 0..99
BM113_pantric_cm
Range: 0..500
BM114_pantric_mm
Range: 0..99
BM113_pantric_cm
Range: 0..500
BM114_pantric_mm
Range: 0..99
[Questions BM115 to BM115_other are displayed as a table]
[IWER: What difficulties occurred during this measurement?]
1 None
2 R was prevented from giving full effort by illness, pain, or other symptoms or discomforts
3 R did not appear to give full effort, but no obvious reason for this
97 Other (Specify):
BM115_other
[Questions BM116 to BM120 are displayed as a table]
.
| [IWER: How compliant was R during this measurement?]
1 R was fully compliant
2 R was prevented from fully complying due to illness, pain, or other symptoms or discomforts
3 R was not fully compliant, but no obvious reason for this
BM122
[IWER: Who completed the measurement?]
1 R completed the measurement
2 IWER completed the measurement
[IWER: Was the R wearing bulky clothing during this measurement?]
1 Yes
2 No
ENDIF
| IF BM110 = No THEN
[Questions BM111 to BM111_other are displayed as a table]
```

| BM111 . [IWER: Why didn't R complete the Knee Height?] 1 R felt it would not be safe 2 IWER felt it would not be safe 3 R refused or was not willing to complete the test 4 R tried but was unable to complete test 5 R did not understand the instructions 6 R had a rash, a cast, edema, open sores or wounds, or significant bruise where the blood pressure cuff would contact R's arm 97 Other (Specify): BM111_other String **ENDIF** HG003 Hemoglobin Test [IWER: Were you able to apply the hemoglobin test?] 1 Yes . | 2 No LOOP FROM 0 TO 5 DO IF strlen (HG008) < > 15 THEN HG008 HHID String ELSE **ENDIF** . ENDDO IF HG003 = Yes THEN [Questions HG011_a to HG014 are displayed as a table] HG011_a Anemia test result Integer HG011_b Anemia test result String The amount obtained in the test show that the hemoglobin concentration in the blood is 1 Normal 2 Low HG013 Any problem in applying the test 1 Yes 2 No HG014 Comments Memo ENDIF