PROGRAMA ESCUCHAR BIOMARKERS SECOND FOLLOW-UP INDIVIDUAL-LEVEL SURVEY

| BM001

1. Blood Pressure [IWER: Were you able to take the R's blood pressure measurement?] 1 Yes

2 No

IF BM001 = Yes THEN

[Questions BM003_intro to BM006_pulse[3] are displayed as a table]

BM003_intro

Measurement

BM003_Hmeasure

BM003_Htime Time of Reading

BM003_Hsystolic Systolic Reading

BM003_Hdiastolic Diastolic Reading

BM003_Hpulse Pulse

BM004_time_hour String

BM004_time_minute String

BM004_time_ampm 1 am 2 pm

BM005_systolic String

BM006_diastolic String

BM006_pulse String

BM004_time_hour
String

BM004_time_minute String

BM004_time_ampm 1 am 2 pm

BM005_systolic String

BM006_diastolic String

BM006_pulse String

BM004_time_hour String

BM004_time_minute String

| **BM004_time_ampm** | 1 am | 2 pm

| | **BM005_systolic** | String Language 1 English 2 Spanish 3 Mayan 4 Proxy Spanish 5 Proxy Mayan 6 Proxy English

< > Different to

BM006_diastolic String

BM006_pulse

String

[Questions BM007 to BM010 are displayed as a table]

BM007

- . [IWER: Which arm was used to conduct the measurements?]
- 1 Left arm
- 2 Right arm

BM008

- [IWER: How compliant was R during this measurement?]
- 1 R was fully compliant
- 2 R was prevented from fully complying due to illness, pain, or other symptoms or discomforts
- 3 R was not fully compliant, but no obvious reason for this

BM009

- [IWER: What was R's position for this test?]
- 1 Standing
- 2 Sitting
- 3 Lying down

BM010

[IWER: Did the R smoke, exercise, consume alcohol or food within the 30 minutes prior to completing the blood pressure test?] 1 Yes

- 5 No
- 8 Don't Know

ENDIF

IF BM001 = No THEN

[Questions BM002 to BM002_other are displayed as a table]

BM002

- [IWER: Why didn't R complete the blood pressure measurement? (Circle all that apply)]
- 1 R felt it would not be safe
- 2 IWER felt it would not be safe
- 3 R refused or was not willing to complete the test
- 4 R tried but was unable to complete test
- 5 R did not understand the instructions
- 6 R had a rash, a cast, edema, open sores or wounds, or significant bruise where the blood pressure cuff would contact R's arm 97 Other (Specify):

BM002_other

String

ENDIF

BM015

- 2. Breathing test [IWER: Was the R able to perform the breathing test?]
- 1 Yes
- 2 No

IF BM015 = Yes THEN

[Questions BM017_intro to BM018_breathing[3] are displayed as a table]

BM017_intro

Measurement

BM017_Hmeasure

BM017_Hreading Measurement Reading

BM018_breathing

String

BM018_breathing String

BM018_breathing String

| [Questions BM019 to BM020 are displayed as a table]

BM019

- [IWER: How much effort did R give to this test?]
- 1 R gave full effort
- 2 R was prevented from giving full effort by illness, pain, or other symptoms or discomforts
- 3 R did not appear to give full effort, but no obvious reason for this

BM020

- [IWER: What was R's position for this test?]
- 1 Standing
- 2 Sitting
- 3 Lying down

ENDIF

IF BM015 = No THEN

[Questions BM016 to BM016_other are displayed as a table]

BM016

- [IWER: Why didn't R complete the breathing test?]
- 1 R felt it would not be safe
- 2 IWER felt it would not be safe 3 R refused or was not willing to complete the test
- 4 R tried but was unable to complete test
- 5 R did not understand the instructions
- 97 Other (Specify):

BM016_other

String

ENDIF

BM025

3. Grip strength [IWER: Was R able to perform grip strength test?]

1 Yes 2 No

IF BM025 = Yes THEN

[Questions BM027_intro to BM029_right_gr[2] are displayed as a table]

BM027_intro

[IWER. Record measurements in chart. Record 993 if R tried but was unable. Record 999 if R chose not to do it.]

BM027_Hmeasure

#

BM027_Hleft Left hand

BM027_Hright Right hand

BM028_left_kg String

BM028_left_gr String

BM029_right_kg String

BM029_right_gr String

BM028_left_kg String

BM028_left_gr String

BM029_right_kg String

BM029_right_gr String

[Questions BM030 to BM032 are displayed as a table]

BM030

- [IWER: How much effort did R give to this test?]
- 1 R gave full effort
- 2 R was prevented from giving full effort by illness, pain, or other symptoms or discomforts
- 3 R did not appear to give full effort, but no obvious reason forthis

BM031

- [IWER: What was R's position for this test?]
- 1 Standing
- 2 Sitting
- 3 Lying down

BM032

[IWER: Did the R rest their arm on a support while performing the test?]

- 1 Yes
- 2 No

. | ENDIF

IF BM025 = No THEN

[Questions BM026 to BM026_other are displayed as a table]

BM026

- [IWER: Why didn't R complete the grip strength test?]
- 1 R felt it would not be safe
- 2 IWER felt it would not be safe
- 3 R refused or was not willing to complete the test
- 4 R tried but was unable to complete test
- 5 R did not understand the instructions
- 6 R had a surgery, injury, inflammation or pain
- 97 Other (Specify):

BM026_other

String

ENDIF

BM035

4a. Semi-tandem stand [IWER: Was the R able to | conduct the semi-tandem stand?] | 1 Yes

| 2 No

IF BM035 = Yes THEN

[Questions BM037 to BM037_milisec are displayed as a table]

BM037

[IWER: Did R hold semi-tandem stand for a full 10 seconds without stepping out| of place or grabbing hold of anything?]

1 Yes 2 No -- Enter amount of time R held standing in seconds to two decimal places.

- 993 R tried but was unable
- 999 R chose not to do it

BM037_sec

String

BM037_milisec String

BM038

|[IWER: Did R use any compensatory movements of his/her trunk, arms or legs to steady him/herself during semi-tandem stand? | 1 Yes

2 No

8 Don't Know

IF BM037 = Yes THEN

| BM050

4. Full tandem stand [IWER: Was the R able to conduct the full tandem stand?]

- |1Yes
- | 2 No

IF BM050 = Yes THEN

[|| [Questions BM052 to BM052_milisec are displayed as a table]

| | | BM052

[1] [IWER: Did R hold full-tandem stand for a full [30/60] seconds without stepping out of place or grabbing hold of anything?]

|||1 Yes 2 No -- Enter amount of time R held standing in seconds to two decimal places. | | 993 R tried but was unable | | 999 R chose not to do it ||| BM052_sec ||| String 11 ||| BM052_milisec ||| String ||| BM053 [1] [IWER: Did R use any compensatory movements of his/her trunk, arms or legs to steady him/herself during full- tandem stand?] |||1 Yes iii2 No ||| 8 Don't Know 11 [] [Questions BM054 to BM054_other are displayed as a table] ||| BM054 [|| [IWER: Record the type of floor surface that the balance measures were conducted on.] |||1 Linoleum/tile/wood ||| 2 Low-pile carpet ||| 3 High-pile carpet ||| 4 Concrete | | | 5 Not sure ||| 97 Other (Specify): ||| BM054_other ||| String ||| BM055 [] [IWER: How compliant was R during the balance measurements?] |||1 R was fully compliant ||| 2 R was prevented from fully complying due to illness, pain, or other symptoms or discomforts ||| 3 R did not appear to be fully compliant, but no obvious reason for this İ İ ENDIF IF BM050 = No THEN [] [Questions BM051 to BM051_other are displayed as a table] ||| BM051 [|| [IWER: Why didn't R complete the full tandem stand?] |||1 R felt it would not be safe | | | 2 IWER felt it would not be safe ||| 3 R refused or was not willing to complete the test | | | 4 R tried but was unable to complete test | | | 5 R did not understand the instructions ||| 6 R had surgery, injury or other health condition that prevented R from standing ||| 97 Other (Specify): ||| BM051_other | | | String | ENDIF ENDIF IF BM037 > Yes THEN i BM040 4b. Side-by-side stand [IWER: Was the R able to conduct the side-by-side stand?] |1 Yes | 2 No | IF BM040 = Yes THEN [] [Questions BM042 to BM042_milisec are displayed as a table] ||| BM042 [1] [IWER: Did R hold side-by-side stand for a full 10 seconds without stepping out of place or grabbing hold of anything?] 1111Yes 12 No -- Enter amount of time R held standing in seconds to two decimal places. ||| 993 R tried but was unable | | 999 R chose not to do it ||| BM042_sec ||| String

||| BM042_milisec

||| String

111

||| BM043

[] [IWER: Did R use any compensatory movements of his/her trunk, arms or legs to steady him/herself during side-by-side stand?]

|||1 Yes

111

- |||2 No
- | | | 8 Don't Know

[] [Questions BM044 to BM044_other are displayed as a table]

||| BM044

[|| [IWER: Record the type of floor surface that the balance measures were conducted on.]

- |||1 Linoleum/tile/wood
- | | | 2 Low-pile carpet
- ||| 3 High-pile carpet
- ||| 4 Concrete
- ||| 5 Not sure
- | | | 97 Other (Specify):

| | | | | | BM044_other

- ||| String
 - l Sund

||| BM045

[] [IWER: How compliant was R during the balance measurements?]

- |||1 R was fully compliant
- ||| 2 R was prevented from fully complying due to illness, pain, or other symptoms or discomforts
- ||| 3 R was not fully compliant, but no obvious reason for this

| | ENDIF

IF BM040 = No THEN

[| [Questions BM041 to BM041_other are displayed as a table]

||| ||| BM041

- [||| [IWER: Why didn't R complete the Side-by-side stand?]
- |||1 R felt it would not be safe
- | | | 2 IWER felt it would not be safe
- ||| 3 R refused or was not willing to complete the test
- |||4 R tried but was unable to complete test
- ||| 5 R did not understand the instructions
- ||| 6 R had surgery, injury or other health condition that prevented R from standing
- ||| 97 Other (Specify):

||| BM041_other

||| String

| | | | | ENDIF

| ENDIF

ENDIF

IF BM035 = No THEN

[Questions BM036 to BM036_other are displayed as a table]

BM036

- . [IWER: Why didn't R complete the semi-tandem stand?]
- 1 R felt it would not be safe
- 2 IWER felt it would not be safe
- $3\ R$ refused or was not willing to complete the test
- 4 R tried but was unable to complete test
- 5 R did not understand the instructions
- 6 R had surgery, injury or other health condition that prevented R from standing
- 97 Other (Specify):

BM036_other

String

BM040

4b. Side-by-side stand [IWER: Was the R able to conduct the side-by-side stand?] 1 Yes

- 2 No
- IF BM040 = Yes THEN

[| Questions BM042 to BM042_milisec are displayed as a table]

| | BM042

|| [IWER: Did R hold side-by-side stand for a full 10 seconds without stepping out of place or grabbing hold of anything?]

||1 Yes

2 No -- Enter amount of time R held standing in seconds to two decimal places.

993 R tried but was unable 999 R chose not to do it

999 R chose not to do it

BM042_sec

String

BM042 milisec

String

BM043

[IWER: Did R use any compensatory movements of his/her trunk, arms or legs to steady him/herself during side-by-side stand?] 1 Yes

- 2 No
- 8 Don't Know

[Questions BM044 to BM044_other are displayed as a table]

BM044

[IWER: Record the type of floor surface that the balance measures were conducted on.]

- | 1 Linoleum/tile/wood
- 2 Low-pile carpet
- | 3 High-pile carpet
- 4 Concrete
- 5 Not sure
- 97 Other (Specify):

BM044_other

String

BM045

- [[IWER: How compliant was R during the balancemeasurements?]
- 1 R was fully compliant
- 2 R was prevented from fully complying due to illness, pain, or other symptoms or discomforts
- || 3 R was not fully compliant, but no obvious reason for this

ENDIF

IF BM040 = No THEN

[Questions BM041 to BM041_other are displayed as a table]

BM041

- [IWER: Why didn't R complete the Side-by-side stand?]
- 1 R felt it would not be safe
- | 2 IWER felt it would not be safe
- 3 R refused or was not willing to complete the test
- | 4 R tried but was unable to complete test
- || 5 R did not understand the instructions
- 6 R had surgery, injury or other health condition that prevented R from standing
- | 97 Other (Specify):

BM041_other

String

ENDIF

ENDIF

BM060

6. Walking Test [IWER: Was the R able to perform walking test?]

1 Yes

2 No

IF BM060 = Yes THEN

[Questions BM062_intro to BM064_TestTime_milisec[2] are displayed as a table]

BM062_intro

Measurement

BM062_Hmeasure #

BM062_Htesttime Walking Speed Time

BM063_TestTime_sec String

BM064 TestTime milisec String

BM063_TestTime_sec String

BM064_TestTime_milisec

String

[Questions BM065 to BM065_other are displayed as a table]

BM065

[IWER: Record type of floor surface.]

- 1 Linoleum/tile/wood
- 2 Low-pile carpet
- 3 High-pile carpet
- 4 Concrete 5 Not sure
- 97 Other (Specify):

BM065_other

[IWER: Record type of floor surface.] String

[Questions BM066 to BM066_other are displayed as a table]

BM066

[IWER: Record type of aid used.]

- 1 None
- 2 Walking stick or cane 3 Elbow crutches
- 4 Walker
- 97 Other (Specify):

BM066_other

String

BM067

[IWER: How compliant was R during this measurement?]

- 1 R was fully compliant
- 2 R was prevented from fully complying due to illness, pain, or other symptoms or discomforts
- 3 R was not fully compliant, but no obvious reason for this

ENDIF

IF BM060 = No THEN

[Questions BM061 to BM061_other are displayed as a table]

BM061

- [IWER: Why didn't R complete the walking test?]
- 1 R felt it would not be safe
- 2 IWER felt it would not be safe
- 3 R refused or was not willing to complete the test
- 4 R tried but was unable to complete test
- 5 R did not understand the instructions
- 6 R had surgery, injury or other health condition that prevented R from standing
- 7 No suitable space available
- 97 Other (Specify):

BM061_other

String

ENDIF

BM070

7.Height [IWER: Were you able to measure the R's height?]

1 Yes 2 No

IF BM070 = Yes THEN

[Questions BM072_intro to BM074_height_centimeters[3] are displayed as a table]

BM072 intro

Measurement

BM072_Hmeasure

#

BM072 Hheight

Measurement

BM073_height_meters Range: 0..250

BM074_height_centimeters String

BM073_height_meters Range: 0..250

BM074_height_centimeters String

BM073_height_meters Range: 0..250

BM074_height_centimeters

String

[Questions BM075 to BM075_other are displayed as a table]

BM075

- [IWER: Record the type of floor surface]
- 1 Linoleum/tile/wood
- 2 Low-pile carpet
- 3 High-pile carpet 4 Concrete
- 5 Not sure
- 97 Other (Specify):

BM075 other String

BM076

- [IWER: Was R wearing shoes during the measurement?]
- 1 Yes
- 2 No

BM077

- [IWER: How compliant was R during this measurement?]
- 1 R was fully compliant
- 2 R was prevented from fully complying due to illness, pain, or other symptoms or discomforts
- 3 R was not fully compliant, but no obvious reason for this

| ENDIF

IF BM070 = No THEN

[Questions BM071 to BM071_other are displayed as a table]

BM071

- [IWER: Why weren't you able to measure R's height?]
- 1 R felt it would not be safe
- 2 IWER felt it would not be safe
- 3 R refused or was not willing to complete the measurement
- 4 R tried but was unable to complete measurement
- 5 R did not understand the instructions
- 6 Respondent too tall, interviewer could not reach
- 7 There was no suitable space available
- 97 Other (Specify):

BM071_other

String

ENDIF

BM080

- 8.Weight [IWER: Were you able to measure the R's weight?]
- 1 Yes
- 2 No

IF BM080 = Yes THEN

[Questions BM082_intro to BM084_weight_grams [3] are displayed as a table]

BM082_intro

Measurement

BM082_Hmeasure

BM082_Hweight Measurement

BM083_weight_kg Range: 0..500

BM084_weight_grams Range: 0..99

BM083_weight_kg Range: 0..500

BM084_weight_grams Range: 0..99

BM083_weight_kg Range: 0..500

BM084_weight_grams Range: 0..99

[Questions BM085 to BM085_other are displayed as a table]

BM085

[IWER: Record the type of floor surface]

- 1 Linoleum/tile/wood
- 2 Low-pile carpet
- 3 High-pile carpet
- 4 Concrete 5 Not sure
- 97 Other (Specify):

BM085_other

String

BM086

- [IWER: Was R wearing shoes during the measurement?]
- 1 Yes

2 No

BM087

- [IWER: How compliant was R during this measurement?]
- 1 R was fully compliant
- 2 R was prevented from fully complying due to illness, pain, or other symptoms or discomforts
- 3 R was not fully compliant, but no obvious reason for this

ENDIF

IF BM080 = No THEN

[Questions BM081 to BM081_other are displayed as a table]

BM081

- [IWER: Why weren't you able to measure R's weight?]
- 1 R felt it would not be safe
- 2 IWER felt it would not be safe
- 3 R refused or was not willing to complete the measurement
- 4 R tried but was unable to complete measurement
- 5 R did not understand the instructions
- 6 R is not able to stand 97 Other (Specify):

BM081_other String

String

ENDIF

BM090

- 9. Waist [IWER: Were you able to measure the R's waist?]
- 1 Yes
- 2 No

IF BM090 = Yes THEN

[Questions BM092_intro to BM094_waist_mm[3] are displayed as a table]

BM092_intro Measurement

BM092 Hmeasure

BM092 Hwaist Measurement

BM093 waist cm Range: 0..500

BM094_waist_mm Range: 0..99

BM093_waist_cm Range: 0..500

BM094_waist_mm Range: 0..99

BM093 waist cm Range: 0..500

BM094_waist_mm Range: 0..99

[Questions BM095 to BM095_other are displayed as a table]

BM095

[IWER: What difficulties occurred during this measurement?]

1 None

2 R had breathing difficulties

3 R was unable to hold breath at the end of the exhale

- 4 R was prevented from giving full effort by illness, pain, or other symptoms or discomforts
- 5 R did not appear to give full effort, but no obvious reason for this
- 97 Other (Specify):

BM095_other String

[Questions BM096 to BM098 are displayed as a table]

BM096

- [IWER: How compliant was R during this measurement?]
- 1 R was fully compliant
- 2 R was prevented from fully complying due to illness, pain, or other symptoms or discomforts
- 3 R was not fully compliant, but no obvious reason for this

BM097

- [IWER: Who completed the measurement?]
- 1 R completed the measurement
- 2 IWER completed the measurement

BM098

[IWER: Was the R wearing bulky clothing during this measurement?]

1 Yes

2 No

ENDIF

IF BM090 = No THEN

[Questions BM091 to BM091_other are displayed as a table]

BM091

- [IWER: Why weren't you able to measure R's waist?]
- 1 R felt it would not be safe
- 2 IWER felt it would not be safe
- 3 R refused or was not willing to complete the measurement
- 4 R tried but was unable to complete measurement
- 5 R did not understand the instructions
- 6 R is not able to stand
- 97 Other (Specify):

BM091_other

String

ENDIF

BM100

10. Arm circumference or length [IWER: Were you able to measure the R's arm or length?]

| 1 Yes | 2 No

IF BM100 = Yes THEN

[Questions BM102_intro to BM104_arm_mm[3] are displayed as a table]

BM102_intro Measurement circumference

BM102_Hmeasure

π

BM102_Harm Measurement

BM103_arm_cm Range: 0..500

BM104_arm_mm String

BM103_arm_cm Range: 0..500

BM104_arm_mm String

BM103_arm_cm Range: 0..500

BM104_arm_mm String

[Questions BM132_intro to BM134_arm_mm[3] are displayed as a table]

BM132_intro Measurement length

BM132_Hmeasure #

BM132_Harm Measurement

BM133_arm_cm Range: 0..500

BM134_arm_mm String

BM133_arm_cm Range: 0..500

BM134_arm_mm String

BM133_arm_cm Range: 0..500

BM134_arm_mm String

BM105

[IWER: Which arm was used to conduct the measurements?] 1 Left arm

2 Right arm

[Questions BM117 to BM117_other are displayed as a table]

BM117

[IWER: What difficulties occurred during this measurement?]

1 None

 $2\ R$ unable to raise or stretch his/her arm

3 R had arm injury, condition or problem, or discomfort (cut/lesion, rash, rheumatism, osteoporosis, arthritis, pain when moving arm, etc.)

4 R was prevented from giving full effort by illness, pain, or other symptoms or discomforts

5 R did not appear to give full effort, but no obvious reason forthis

97 Other (Specify):

BM117_other String | [Questions BM106 to BM119 are displayed as a table]

BM106

- [IWER: How compliant was R during this measurement?]
- 1 R was fully compliant
- 2 R was prevented from fully complying due to illness, pain, or other symptoms or discomforts
- 3 R was not fully compliant, but no obvious reason for this

BM118

- [IWER: Who completed the measurement?]
- 1 R completed the measurement
- 2 IWER completed the measurement

BM119

[IWER: Was the R wearing bulky clothing during this measurement?]

1 Yes

2 No

ENDIF

IF BM100 = No THEN

[Questions BM101 to BM101_other are displayed as a table]

BM101

- [IWER: Why didn't R complete the arm measurement?]
- 1 R felt it would not be safe
- 2 IWER felt it would not be safe
- 3 R refused or was not willing to complete the test
- 4 R tried but was unable to complete test
- 5 R did not understand the instructions
- 6 R had a rash, a cast, edema, open sores or wounds, or significant bruise where the blood pressure cuff would contact R's arm 97 Other (Specify):

BM101 other

String

ENDIF

BM110

- 11. Knee height [IWER: Were you able to measure the R's knee height?]
- 1 Yes 2 No

IF BM110 = Yes THEN

[Questions BM112_intro to BM114_pantric_mm[3] are displayed as a table]

BM112_intro Measurement

BM112_Hmeasure

#

BM112_Hpantric Measurement

BM113_pantric_cm Range: 0..500

BM114_pantric_mm Range: 0..99

BM113_pantric_cm Range: 0..500

BM114_pantric_mm Range: 0..99

BM113_pantric_cm Range: 0..500

BM114_pantric_mm Range: 0..99

[Questions BM115 to BM115_other are displayed as a table]

BM115

[IWER: What difficulties occurred during this measurement?]

1 None

2 R was prevented from giving full effort by illness, pain, or other symptoms or discomforts

| 3 R did not appear to give full effort, but no obvious reason forthis | 97 Other (Specify):

BM115_other

String

[Questions BM116 to BM120 are displayed as a table]

BM116

- [IWER: How compliant was R during this measurement?]
- 1 R was fully compliant
- 2 R was prevented from fully complying due to illness, pain, or other symptoms or discomforts
- 3 R was not fully compliant, but no obvious reason for this

BM122

- [IWER: Who completed the measurement?]
- 1 R completed the measurement
- 2 IWER completed the measurement

BM120

[IWER: Was the R wearing bulky clothing during this measurement?]

. 1 Yes 2 No

IF BM110 = No THEN

[Questions BM111 to BM111_other are displayed as a table]

BM111

. [IWER: Why didn't R complete the Knee Height?]

1 R felt it would not be safe

2 IWER felt it would not be safe

3 R refused or was not willing to complete the test

4 R tried but was unable to complete test 5 R did not understand the instructions

6 R had a rash, a cast, edema, open sores or wounds, or significant bruise where the blood pressure cuff would contact R's arm

97 Other (Specify):

BM111_other

String

ENDIF

HG003

Hemoglobin Test [IWER: Were you able to apply the hemoglobin test?]

|1 Yes

| 2 No

IF HG003 = Yes THEN

[Questions HG011_a to HG014 are displayed as a table]

HG011_a

Anemia test result Integer

HG011_b

Anemia test result String

HG012

The amount obtained in the test show that the hemoglobin concentration in the blood is 1 Normal

2 Low

_ ____

HG013

Any problem in applying the test 1 Yes 2 No

HG014

Comments Memo

ENDIF